



Food and Nutrition Services September 2024 Newsletter



We are excited to pilot compostable trays at each OUSD Elementary school as well as biodegradable utensils! Chartwells and OUSD are dedicated using compostable products; creating less of impact on the environment.

Discovery
KITCHEN



What's New in the Cafeteria?

A variety of healthy options are available to our students daily. NutriSlice ([Nutrislice | Orinda Union School District](#)) is a great way to navigate through your students happy and healthy meal choices. We now have photos of menu options at campuses to help the students decide for themselves which breakfast and lunch they prefer. Our Lead Cooks and Food Service teams are prepared to answer questions and offer alternatives when requested.



In this issue:

**What's New in your Schools?
Environment friendly
packaging and a variety of
meal options.**

**Better Together: Team
Member Spotlight
Chanterian at Del Rey
Elementary School**

**Back to School Night
happenings around the
district**

**Recipes from
Chartwells**



Be sure to check out NutriSlice for monthly menus and nutritional information. You can download Nutrislice right to your phone!



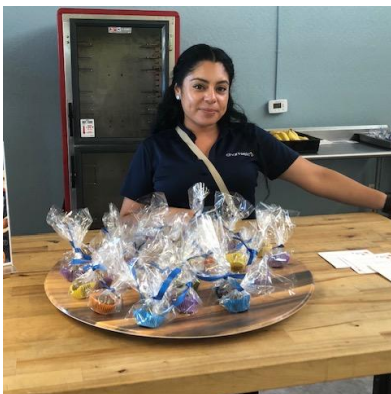
Better Together

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal –delivering the best foodservice possible. Meet some of our team members from across the district.



Opening Meeting

Malia from Orinda Intermediate School *servicing up happy and health* at our Opening Meeting hosted by Sleepy Hollow Elementary School.



Back to School Night

OIS Lead Cook, Mayra at Back to School Night.



Name Tags? Yes!

Lead Cook, Santos at Sleepy Hollow Elementary enjoying photo day for Chartwells name badges.



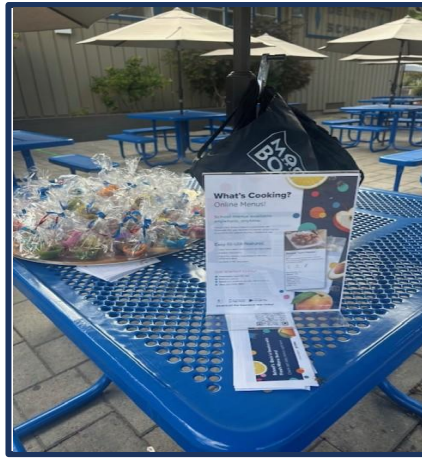
Employee Spotlight

Celebrating Ms. Chanterian at Del Rey Elementary. Also known Ms. ‘Chan’, has been committed to the Dolphins for almost four years. Chanterian achieved a Degree in Culinary Arts and Baking and Pastry at Diablo Valley College Culinary. She has taken this education and implemented her passion for cooking at Del Rey. We are proud of the care Chanterian not only puts into the food but making sure the students have HAPPY dining experiences. If not in the kitchen, you can find Ms. Chan circulating through the MPR during lunch as students enjoy meals, seeking feedback and smiles. We can’t wait to celebrate you “four” years!

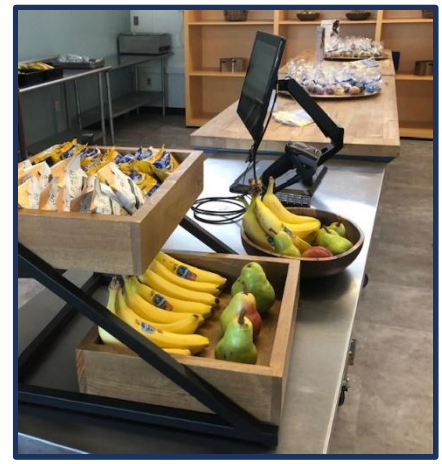
Back to School Night



Power-Up, Energy Bites where at all campuses for Parents and Administrators to enjoy. All made from scratch by Chartwells staff.



Mood Boosts and NutriSlice featured at the Elementary Schools for Back to School Night.



Chartwells is improving the environment students experience with improved displays & signs creating a happy food experience.

Power-Up, Energy Bites

INGREDIENTS

- ½ cup Sunflower Seed Butter
- 1 tsp Imitation Vanilla Extract
- 1 pk Crackers, Graham, Honey, WG
- 1/3 cup Honey
- 1 cup Cereal, Oatmeal, Quick, Dry
- 3 each Craisins

Yields 10 servings-Portion Size: piece

METHOD

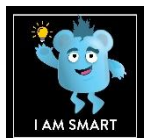
1. Chop Craisins
2. In medium bowl, stir together room temperature sun butter, honey, and vanilla until well-mixed.
3. Grind the Graham cookies and oats in a food processor for 15-30 seconds.
4. Stir in the sun butter mixture along with the craisins

Shaping: Using a tablespoon and your hands, shape mixture into balls.

Serving: Enjoy on-the-go or make in bulk, freeze and put out as needed.

**SMART
SNACKING**

chartwells
**Discovery
KITCHEN**



Make your own Power-Up Bites!
A no bake recipe for everyone to enjoy.



Food for Your Calendar:

September 9: I Love Food Day

We love food! It fuels and nourishes us for a day of learning & play. Be sure to check out what we're serving up in the cafeteria for "I Love Food" Day!



September 18: National Cheeseburger Day

National Cheeseburger Day on September 18th honors America's favorite sandwich with a slice of cheese.

September 26: National Pancake Day

It's Pancake Day and we're joining the celebration.

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